

Professor Caryl Nowson, Chair of Nutrition and Ageing and Accredited Practising Dietitian, has more than 25 years in nutrition research. She has extensive expertise in conducting of nutritional intervention and longitudinal studies in the area of nutrition, osteoporosis and hypertension. Dr Nowson has collaborated on over 90 peer-reviewed papers and 10 book chapters. In 2009 she was awarded the Nutrition Society of Australia Medal for excellence in research primarily conducted in Australia. She was the founding chairperson and current member of secretariat of the Australian Division of the World Action on Salt and Health (2005-current). She was appointed as a member to Royal Academy of Sciences (nutrition committee (2008)) and has a keen interest in developing effective strategies to reduce iodine insufficiency in Australia, whilst ensuring a gradual population wide reduction in salt intake.