

Vicki Inglis

From the Melbourne Regional Nutrition Society of Australia

Vicki Inglis was awarded her PhD from Deakin University in April 2008 for her thesis entitled "Socioeconomic influences on women's eating behaviours", which was supported by a PhD Scholarship from VicHealth. This research program examined the role of perceived environmental factors as explanatory factors for the poorer diets of women experiencing socioeconomic disadvantage. Vicki's research demonstrated that environmental perceptions, and particularly perceptions of food costs and affordability, were strongly predictive of women's fruit, vegetable and fast food consumption behaviours, and accounted for a large proportion of the socioeconomic variability in these behaviours. Publication of her research findings is in three international peer-reviewed journal papers.

Since the completion of her PhD, Vicki has worked at the Food Standards Australia New Zealand as Senior Nutritionist; and is currently employed as the Corporate Nutritionist with Coles Group Limited.

2008: awarded an NSA Early Career Scholarships to attend an international nutrition-related conference, for her paper

Inglis V, Ball K, Crawford D. Socioeconomic variations in women's diets: what is the role of perceptions of the local food environment? J Epidemiol Community Health. 2008 Mar;62(3):191-7.