

## Registration Form

### NSA-NNI Nutrition Update Day

Title:.....

Family name:.....

First name:.....  
(as you wish it to appear on your name badge)

Organisation:.....

Position:.....

Postal address:.....

.....

State:.....Postcode:.....

Telephone: .....

E-mail: .....

#### **Please send payment & registration form to:**

NSA Inc  
PO Box 949  
KENT TOWN, SA, 5071

Phone: 08 8363 1307  
Fax: 08 8363 1604  
E-mail: nsa@fcconventions.com.au

NB: All registrations will be acknowledged in writing. If you do not receive a written acknowledgement within 14 days of despatch of your form, please contact the Secretariat to ensure that your details and payment have been received.

## Registration Form

### NSA-NNI Nutrition Update Day

Cost \$40 (incl GST). \$20 for NSA Members.  
Please tick the appropriate box:

**Option A – I enclose a cheque made payable to 'Nutrition Society of Australia'.**

Note- Cheques must be in Australian Dollars

**Option B – I have sent my payment via Electronic Funds Transfer to:**

Bank: Commonwealth Bank, University of WA,  
Nedlands  
BSB: 066 155  
Account number: 1008 4364  
Account Name: Nutrition Society of Australia Inc

Name of your bank:.....

Date of transfer:.....

Amount transferred:.....

Please ensure that the name for whom the payment is being made is stated on the transfer details.

**Option C – Please charge my credit card**

Credit Card: Visa  Mastercard

Credit Card Number:  
\_\_\_\_\_

Cardholder's Name:.....

Expiry date:.....

Signature:.....Date...../...../10



Jointly present the:

**Sydney**  
**Nutrition Update Day**

**Saturday, May 22<sup>nd</sup> 2010**

**Venue: Kolling Theatre**  
**Royal North Shore Hospital**  
**Kolling Building – First Floor (Level 5)**  
**Pacific Hwy & Reserve Rd, St Leonards**

**Time: 9:00am – 3:30pm**

**Cost: \$40 (incl. GST)**  
**\$20 for Nutrition Society members**

**Morning Tea & Lunch provided**

**CME/CPD Points applied for**

## Speakers

**Professor Patricia Conway**  
School of Biotechnology & Biomolecular Sciences  
The University of NSW  
Sydney

**Professor Cresswell Eastman**  
Clinical Professor of Medicine  
The University of Sydney  
Sydney

**Melinda Phang**  
PhD Candidate  
Nutraceuticals Research Group  
University of Newcastle

**Dr John Sinn**  
Staff Specialist Neonatology  
Royal North Shore Hospital  
Sydney

**Dr Velencia Soutter**  
Allergy Unit  
Royal Prince Alfred Hospital  
Sydney

**Susan Williams**  
Dietitian  
Zest Nutrition Consulting  
Sydney

**Dr Melanie Wong**  
Allergy & Immunology Dept  
The Children's Hospital at Westmead  
Sydney

## Programme

9.00am – 9.20am - Registration

### Session One: Keynote Presentation

9.20am – 9.25am – *Peter Fryer*  
Welcome and Introduction

9.25am – 10.25am - *Prof Patricia Conway*  
Changes in intestinal microflora throughout the 1<sup>st</sup> year of life – from mode of delivery to weaning and beyond.

10.25am – 10.50am - Morning tea

### Session Two: Post-Natal Nutrition

10.50am – 11.25am - *Susan Williams*  
Breast-milk: Latest news on long-term effects and functional benefits

11.25am – 12.00pm - *Dr. John Sinn*  
Practical tips on measuring growth and using growth charts

12.00pm – 12.35pm – *Dr. Melanie Wong*  
Introducing solids – when, what & why? And why all the controversy?

12.35pm – 1.30pm - Lunch

## Programme (cont.)

### Session Three: Hot Topics in Paediatrics

1.30pm – 2.05pm - *Dr Velencia Soutter*  
Diet and allergy prevention

2.05pm – 2.40pm - *Prof. Cress Eastman*  
The importance of iodine during early childhood

2.40pm – 3.15pm – *Melinda Phang*  
Latest research on the effects of LC-PUFAs in human health and disease

3.15pm – 3.30pm - *Summary and Close*

### CHAIRPERSON

**Peter Fryer**  
Scientific Manager  
Oceania Region  
Nestle Nutrition



THE NUTRITION SOCIETY  
OF AUSTRALIA (INC.)

