



Dr Karen Murphy

Dr Karen Murphy is a National Health and Medical Research Council Industry Research Fellow at the Nutritional Physiology Research Centre, University of South Australia. Her background is in nutritional biochemistry with expertise in lipids particularly omega-3 fats, antioxidants, dairy and cardiometabolic health.

She is Chair of the Nutrition Society of Australia, Adelaide Group and Vice-President of the Australasian American Oil Chemists Society. She is a Registered Nutritionist and was the Nutritionist for the Port Adelaide Football Club for 3 years which included the Premiership flag in 2004.

She is currently co-ordinating an international multi-centre dietary intervention study with the University of Manitoba (Canada) which is investigating the health benefits of dairy consumption.