

Dr Katrine Baghurst

Katrine has had a distinguished career in nutrition research and has held many significant positions relating to the discipline since commencing a PhD in nutrition research at ANU in 1970. After a brief postdoctoral appointment as a nutrition lecturer at Queen Elizabeth College, University of London, she returned to Australia in 1976 to join the newly established CSIRO Division of Human Nutrition in Adelaide. In the following 30 years, she contributed through her epidemiological research toward our understanding of the importance of appropriate eating behaviour and nutrition for attaining and maintaining population health and counteracting the diseases of affluence prevalent in modern society. Katrine's research achievements and growing reputation, both nationally and internationally, were recognised by progressive promotions in CSIRO to Senior Principal Research Scientist and Manager of the Consumer Science Program.

Katrine led many notable collaborative studies on food choices, demographics and health status, with emphasis on particular foods/nutrients such as red meat and fibre and health conditions such as cancer. Her resultant expertise enabled her to undertake important consultancies for Australia's food industry and regulatory authorities alike. Her input has been sought for dietary recommendations by government and non-government advisory bodies, including NHMRC, National Heart Foundation and Anti-Cancer Councils. Her pivotal roles in developing and updating Dietary Guidelines and the Nutrient Reference Values for Australia and New Zealand are widely acknowledged.